



# BLUE MAHOE

RESTAURANT & LOUNGE BAR

*The ultimate in sea side dining.*

Whether your desire is traditional Jamaican or international cuisine, our chefs will cater to your every wish, using the freshest and finest ingredients to create a "farm to table experience." Our chefs are eager to cater to your needs. If there is anything you do not see on our menu, please inquire with your server.

## HEALTHY START

### **PORRIDGE**

local peanut porridge or plantain topped with honey banana

### **TROPICAL FRUIT PLATE**

### **HONEY YOGURT PARFAIT**

topped with musilli

### **TWO EGGS ANY STYLE**

### **TWO EGGS WITH HAM OR BACON**

### **BLUE MAHOE EGGS BENEDICT**

poached eggs served on whole wheat biscuit with grilled ham and steamed callaloo served with hollandaise

### **STEAK & EGGS**

4 oz tenderloin with your choice of eggs and served with home fries

## OMELETTES

### **FULL HOUSE OMELETTE**

with sweet peppers, onions, tomato, ham and cheese

### **HEALTHY EGG WHITE OMELETTE**

served with steamed callaloo

### **SHRIMP OMELETTE**

## FROM THE BAKERY

### **HOME MADE WHITE OR WHOLE WHEAT BREAD**

with our home made honey butter, pineapple jam, orange marmalade

### **COFFEE SCENTED WAFFLES**

with Jamaican apple syrup and tropical fruits

## FROM THE GRILL

### **HOME FRIES**

### **FLUFFY BANANA PANCAKES**

with Jamaican apple syrup and tropical fruits

### **SUMPTUOUS COCONUT FRENCH TOAST**

## CARIBBEAN BREAKFAST

### **ACKEE & SALT FISH**

served with fried dumpling

## SIDES

**BACON**

**YAM**

**BANANAS**

**FRESHLY SQUEEZED ORANGE JUICE**

**BLUE MOUNTAIN COFFEE & TEA**